Virtual Programs and Services:

Available to All: Our programs and services can be formatted to fit any specific needs and goals. Every year we provide workshops and presentations, consulting services and more to Individuals, Groups, College/Universities, Corporate, Community Organizations, Service Providers, and more. If you don't see what you're looking for here, let us know and we can create a program just for you.

Pricing Guide:

Presentations may include an instruction component, interactive component(s) for peer learning/ sharing (when appropriate) and conclude with Q & A. The amount of time required for the presentation will vary based on content requested and size of the group. Please call us to discuss the content you would like to include in your presentation and we will calculate accordingly. Addressing the ills of 400 years of colonization to create positive and meaningful change for our communities takes time. We believe there needs to be a deep commitment to exploration and development for effective change to take place. For Professional Development, we generally recommend a 3 hour training if you cannot do a full day however we can accommodate a 2 hour workshop by limiting interactive components.

For Professional Development (PD):

2 hour PD Workshop - \$1250 3 hour PD Training - \$1650 Full Day PD Training (6 hours, includes lunch break)- \$3000 PD Cohort Training (please call us to discuss scheduling long-term weekly or monthly cohort workshops)

For Educational Presentations: Starting at \$395

Generally one hour in length, however educational presentations may be combined or extended upon request.

For Art Workshops and Add-Ons: Call for pricing

For 1 to 1 Individual Training and Coaching: Call for pricing

*Discounts: Discounted rates may be available to public libraries and non-profit organizations. Please call us to inquire.

Professional Development:

The following 3 areas of focus include Creating Creating Inclusive Spaces, which is appropriate for all individuals and groups; Decolonization Education which is geared towards educators; and Indigenizing Museums which is specifically designed for Museums. However we are not limited to the following as we can also design presentations for areas not listed here to meet your professional development goals and interests. These presentations are generally combined as part of a 2-3 hour or full-day presentations.

Creating Culturally Inclusive Spaces (full-day training)

Creating Partnerships with Indigenous Communities

(2-3 hour presentation may include portions of the following sub topics)

- ◆ <u>Diversity</u>, <u>Equity & Inclusion</u>, <u>an Indigenous View</u> What has contributed to the erasure of Indigenous culture, the invisibility of Indigenous communities, the disparities in our socioeconomic status? In this session we will delve into topics of historical and lateral trauma, assimilation practices, social and economic inequities, Indigenous identity and representation, victimization and violence, Indigenous sovereignty reclamation and healing and more.
- ◆ An Indigenous view of Social Justice This session, includes many of the same themes as the Diversity, Equity, & Inclusion presentation but places more focus on the role of activism and advocacy in Indigenous communities and ways that you can become an ally.
- ◆ Beyond the Performance Thinking about hosting an Indigenous performance? Our culture is more than entertainment and it's important to understand the need to delve deeper if you truly want to honor Indigenous culture. This session focuses on what you need to know for program and event planning to responsibly and ethically share Indigenous culture and empower our communities.



◆ <u>Building Rapport and Managing Effective Relationships</u>
<u>with Tribal communities</u> - Are your numbers showing disparities in service to Indigenous communities? Are you having difficulty with outreach and recruitment? How do you build those relationships and manage them to fruition? In this session we will guide you through everything you need to know, touching on many of the themes included in our **Diversity**, **Equity**, & **Inclusion**, an **Indigenous View** presentation white putting particular focus on

actions you can take to successfully build and manage effective relationships with tribal communities.

- Creating a Native American Advisory Board Is it time for oversight of services and programs for or about Indigenous people? Are you looking to foster deeper collaborations with the Indigenous Community? Here's what you need to know about creating an effective Native American Advisory board and the benefits such an implementation can foster for your company/organization/school.
- The Indigenous Liaison Do you need to improve communication and foster deeper collaborations between your organization and the Indigenous community? Then it's time to consider an Indigenous liaison. With the unique qualifications of innate understanding of Indigenous cultures and traditions, admittance to tribal resources/ ceremony/meetings that non-Native people are unable to access, they can serve as a perfect connector to the Indigenous community. Learn what you need to consider in this session.

Building Cultural Competency

(2-3 hour presentation may include the following sub topics)

- ◆ <u>Addressing Road Blocks</u> Sometimes we have to have the hard conversations that make us feel uncomfortable. Addressing the behaviors, feelings, and frustrations that have become road blocks is the challenge we need to take in order to foster positive change in ourselves and in our communities.
- ◆ Everybody's Biased Everyone has bias, built up over a lifetime of exposure to messages that we receive both directly and indirectly. This can have both positive and negative affects on ourselves and those around us. So what do we do? In this session, we will learn to identify and acknowledge implicit vs. explicit bias, prejudice and perspective, aggressions and microaggressions, stereotypes and privilege and challenge ourselves to take responsibility and create positive change.
- → <u>Handling Historical Trauma</u> A legacy of chronic trauma and unresolved grief can be transferred to subsequent generations. It can manifest in all areas of an individual's life, biological, psychological, environmental, and social. Understanding the history that created these cycles of trauma in Indigenous communities is imperative to adequately offer support and create effective strategies for healing.

Decolonizing Education (full-day training)

Indigenizing Education: Evaluating Your Curriculum

(2-3 hour presentation may include the following sub topics)

- ◆ <u>More than History</u> Integrating Indigenous Content across your curriculum Indigenous education, if taught at all, is usually relegated to a small portion of American history. Learn how you can take it beyond the history books and incorporate across all subject matter.
- ◆ <u>Teaching Tough</u> From conquest to genocide, slavery to subjugation, these topics can be tough and intimidating to navigate in the classroom. But all students, Native and non-Native alike, are deeply affected by perpetual misrepresentations, inaccuracies, or general lack of information. Your students want the truth. Learn how to teach the truth to all students at every age.

Improving Indigenous Research

(2-3 hour presentation may include the following sub topics)

- ◆ <u>Effective Evaluation</u> Resources on Indigenous education can be fraught with troubling images, stereotypes, misinformation and other inaccuracies. We will share our strategies for the effective evaluation of books, curriculums, games, crafts, and other resources on Indigenous history/culture to create safe and inclusive spaces in your school.
- ◆ The Sovereignty of Intellectual and Cultural Knowledge Why are primary sources so important? The diversity of first-person references and oral histories are an invaluable resource. They expand perspectives and challenge the learner to use independent thought. Learn how to build an appreciation for the intellectual and cultural knowledge of Indigenous peoples in your students.

Representation Matters

(2-3 hour presentation may include the following sub topics)

- ◆ Indigenous Representation: The Good, The Bad, and the Necessary Representation of Indigenous people vary significantly in education, literature, and media but removing them is not an option without contributing to the harmful effects of Indigenous invisibility. In this session, we break down the the good vs. the bad and discuss the affects both positive and negative representations have on students. The ultimate goal of this session is to foster positive representations of Indigenous people in your classrooms.
- ◆ <u>Annually Indigenous</u> The traditions surrounding Thanksgiving has relegated Native American appreciation to just one month of the year, November. As a result, Indigenous education has largely been limited to pilgrims and Indians, the mayflower, and the enduring Thanksgiving myth. It's time for Indigenous education to be appreciated all year round. In this session, we will discuss strategies for incorporating and expanding Indigenous education in your classroom all year round.

- ◆ Indigenous At Play In this fun, interactive session, learn ways to promote cultural understanding and engagement by incorporating Indigenous games, toys, and other activities into your classrooms and playgrounds in a respectful and appropriate way.
- ◆ <u>Beyond the Performance</u> Thinking about bringing Indigenous educators or performers to your school? Here's what you need to know. (See Creating Culturally Inclusive Spaces)

College Native Style

(1-2 hour presentation)

 This session is designed to support school administrators, teachers, guidance counselors and student advisors in navigating the numerous resources available to Native students. From Native colleges to scholarships, tribal education departments to tribal enrollment status... this is everything you need to know to support your Indigenous students before graduation.

Social Justice In Educational Practice

(2-3 hour presentation may include the following sub topics)

- ◆ <u>Handling Historical Trauma</u> A legacy of chronic trauma and unresolved grief can be transferred to subsequent generations through biological, psychological, environmental, and social means. Symptoms of historical trauma can be manifest in your student's behavior and ability to learn. Understanding, identifying, and addressing this cycle of trauma is imperative to adequately support your Indigenous students and their families and create effective strategies for healing.
- ◆ Privilege in Educational What do you know about the Indigenous communities in your local? What is the poverty rate for Indigenous people in your community? Why is the unemployment rate, the median household income, the occurrences of violence or access and availability of medical care? What do you know about the challenges that your Indigenous students may be facing at home? In this session, we're exploring what you think you know and what you need to know about Indigenous communities in your school district and how they may affect the disproportionality in education.



*See Also Creating Culturally Inclusive Spaces for more

Indigenizing Museums (full-day training)

Decolonizing Museums

(2-3 hour presentation may include portions of the following sub topics)

- ◆ <u>Think Decolonized</u> As museum professionals, it is our mission to preserve the past and make it accessible to the public, sharing the stories of the communities we serve and preserving them for perpetuity. The confidence of our constituents relies on our ability to confront the bias and inequities entangled in the structure of our institutions that were built on colonization. Have we decolonized our way of thinking?
 - That's not what I meant Meaning is in the eye or ear of the beholder, so what messages are you sending? Perception is key in this session as we pull apart stereotypes, explore implicit & explicit bias, and address privilege and perspective in exhibit designs, labels, images, and displays.
 - There is no history without Indigenous History A story is inaccurate an
 incomplete without acknowledging the contributions of all its characters.
 Representation matters and in this session, we're breaking down the the good, the
 bad, and the necessary.
 - Indigenous Ways of Knowing: The Sovereignty of Intellectual and Cultural
 Knowledge Why are primary sources so important? The diversity of first-person
 references and oral histories are an invaluable resource. They expand perspectives
 and challenge independent thought. This session will help build an appreciation for the
 intellectual and cultural knowledge of Indigenous peoples and ways to utilize those
 resources within a museum setting.
 - Native American Program Planning, Beyond the Performance Thinking about
 hosting an Indigenous performance? Our culture is more than entertainment and it's
 important to understand the need to delve deeper if you truly want to honor
 Indigenous culture. This session focuses what you need to know for program and
 event planning to responsibly and ethically share Indigenous culture and empower
 Indigenous communities.
- ◆ <u>Our Inheritance, Our Belongings</u> Indigenous collections held in museums are not just inanimate objects of history to be studied, cataloged, displayed or stored. They are the belongings of our grandmothers and grandfathers, many generations before us. They are the remnants of our traditional inheritance. These belongings embody the love & hopes, creativity & ingenuity, labor and determination of our ancestors. They represent the loss, grief, trauma and injustice endured to ensure our very existence and survival. This session focuses on Indigenous collections, their care, representation and research.

◆ Effective Evaluation of Archival Materials - Resources on Indigenous peoples can be fraught with troubling images, stereotypes, misinformation and other inaccuracies. We will share our strategies for the effective evaluation of archival resources on Indigenous history/culture to create safe and inclusive spaces in your museum.

Sovereignty & Museums

(2-3 hour presentation may include portions of the following sub topics)

- ◆ Knowing NAGPRA The Native American Graves Protection and Repatriation Act of 1990 was implemented for the protection and repatriation of our ancestor's funerary belongings and remains as well as belongings both sacred and culturally significant. Here is what you need to know about NAGPRA from an Indigenous perspective. In this session, we are challenging long held bias, prejudice, perceptions and perspectives on NAGPRA to increase cultural competencies and foster respectful relationships with tribal communities.
- ◆ Native American Research & Tribal Partnerships A practical guide to creating Tribal partnerships in research and other museum practices. For more information see our professional development programs for the sessions on Building Rapport and Managing Effective Relationships with Tribal communities under Creating Culturally Inclusive Spaces.
- ◆ <u>Social Justice and Museum Practice</u> What has contributed to the erasure of Indigenous culture, the invisibility of Indigenous communities, the disparities in our socio-economic status? How have museums contributed to these plights? In this session we will delve into topics of historical and lateral trauma, assimilation practices, social and economic inequities, Indigenous identity and representation, Indigenous sovereignty, reclamation, healing and more. With particular focus on the role of activism and advocacy in Indigenous communities and ways that museums can become an ally. (See also, **Our Inheritance, Our Belongings**)

*See Also Creating Culturally Inclusive Spaces for more

Educational Presentations:

The following are a list of popular topic areas for educational presentations we have provided in the past according. However we are not limited to the following as we can also design presentations for specific topic areas not listed here to meet you educational goals and interests. These generally are limited to a 1-hour presentation for each sub-topic but can be extended or combined for longer programs.

Historical Presentations

- ◆ <u>Breaking Apart the Thanksgiving Myth</u> The long held conventions we associate with Thanksgiving are beloved traditions, particularly in New England, but with them comes an adherence to erroneous, antiquated, and even offensive beliefs about the origins of this holiday. In this presentation, we explore how you can still enjoy your turkey while being historically accurate and culturally sensitive.
- ◆ <u>Southern New England Tribal Histories</u> Explore the history of the Indigenous peoples of Southern New England. This presentation provides a general overview of tribal histories precolonial to the present but can be focused on specific communities, events, and/or time periods upon request.
- ◆ <u>Friend or Foe? The Legacy of Roger Williams</u> Was the founder of the state of Rhode Island a friend to the Narragansett, fleeing persecution to uphold his principles of religious freedom? Or was he a foe whose's self-serving intentions led to the subjugation and enslavement of the Narragansett people? In this presentation, we discuss the many nuances in the tenuous relationship between Roger Williams and the original inhabitants of Rhode Island.
- ◆ <u>Conquest & Columbus</u> Learn about the tenants of conquest, colonization, and memorialization as we deconstruct the myth of Columbus and consider how his "discovery" wrought disease, genocide, land dispossession and enslavement on Indigenous peoples.
- ◆ (See also other listed presentations as many contain historical content)

Ecological & Environmental Presentations

- ◆ Justice & Sovereignty in Indigenous Foodways Culture, tradition, family and love are embodied in the foods we eat. In this season we explore the lasting legacy of Indigenous foodways and the Indigenous led movement to protect, preserve and pass on these traditions.
- ◆ Ecology of Mother Earth In this presentation, Food, Technology, Art, Medicine, Storytelling, Music & Dance, come together with our Environment to teach us the importance of caring for the earth we all share.
- ◆ Three Sisters and Other Gardening Traditions The Three Sisters, corn/bean/squash, create a perfect trio of cultivation, the science of which can be seen in their traditional story. Indigenous people were masters of horticulture and in this session we will explore Indigenous gardening traditions past and present.
- ◆ <u>Traditional Uses of Indigenous & Invasive Plants</u> Take a virtual nature walk with us in this presentation on the traditional uses of both indigenous plants and the invasive species that became staples in Native communities.
- ◆ <u>Water Is Life</u> Two elements that life cannot survive without, hydrogen and oxygen, come together to form Water. Water that quenches and cleanses, that heals and destroys, is an essential component of Indigenous foodways, technology, medicine, ceremony, spirituality,

life...Water Is Life and that is why we fight to protect it. In this presentation, we explore the cultural significance of water and the Indigenous led movement to protect it.

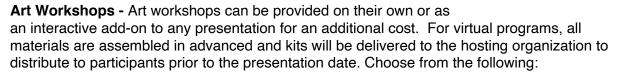
Social & Cultural Presentations

- ◆ Not Your Mascot Despite claims that "Indian mascots" are meant to honor Native peoples, the associated caricatures, symbols, logos, chants, and cheers perpetuate negative and harmful stereotypes and directly contribute to the disempowerment of Indigenous peoples. This presentation delves into the history and social implications that created the Not Your Mascot movement.
- ◆ A Key To the Language: Language Reclamation in Indigenous Communities With particular focus on the republication of "A Key to the Language" by Roger Williams the Tomaquag Museum edition, this presentation explores the affects of colonization's assimilation practices threatening Native languages and challenges and successes of language reclamation in Indigenous communities.
- ◆ The History Behind Historical Trauma A legacy of chronic trauma and unresolved grief can be transferred to subsequent generations. It can manifest in all areas of an individual's life, biological, psychological, environmental, and social. Understanding the history that created these cycles of trauma in Indigenous communities is imperative to adequately offer support and create effective strategies for healing.
- ◆ <u>Cooking Demonstrations</u> Along with a modified version of our **Justice Sovereignty and Indigenous Foodways** presentation (see full description under Ecological and Environmental Presentations), this workshop includes guided cooking instruction to create a traditional Indigenous dish. Discuss options when booking.

Storytelling Presentations

Traditional storytellers are specialized artists and performers, each one unique in his/her own way. Our virtual storytelling program provides background behind storytelling traditions followed by a selection of traditional stories with time for Q&A.

- ◆ How Birds Got Their Song
- ◆ The First Strawberry
- ◆ The Creation Story
- ◆ The First Cranberry
- ♦ Why Cornhusk Dolls Have No Face
- **→** The Three Sisters



- ◆ Double strand Necklaces
- ◆ Parfleche Key Chains
- ◆ Traditional Basket Stamp Designs
- ◆ Hubbub Games

